



Navigator

# Thames Valley Police Violence Reduction Unit Hospital Navigator Scheme



TACKLING VIOLENCE IN OUR COMMUNITIES

# Project Overview

- ▶ Between 2014-2018 there has been an increase in ED admissions due to serious violence of 51% nationally in the under 18's age group
- ▶ Scotland and London have seen the biggest rise in this violence epidemic and have taken a public health and trauma informed approach to tackling the issue. This has formed the basis for "Hospital Navigators Schemes" within their hotspot areas
- ▶ They are not alone in the damning statistics details above, Thames Valley Police have also seen this sharp rise in the under 25's due to serious violence and domestic abuse.
- ▶ In 2019 alone Thames Valley area has seen multiple homicides of young men as a result of serious violence. This sad loss doesn't just affect them and their families but the wider community and partners alike.

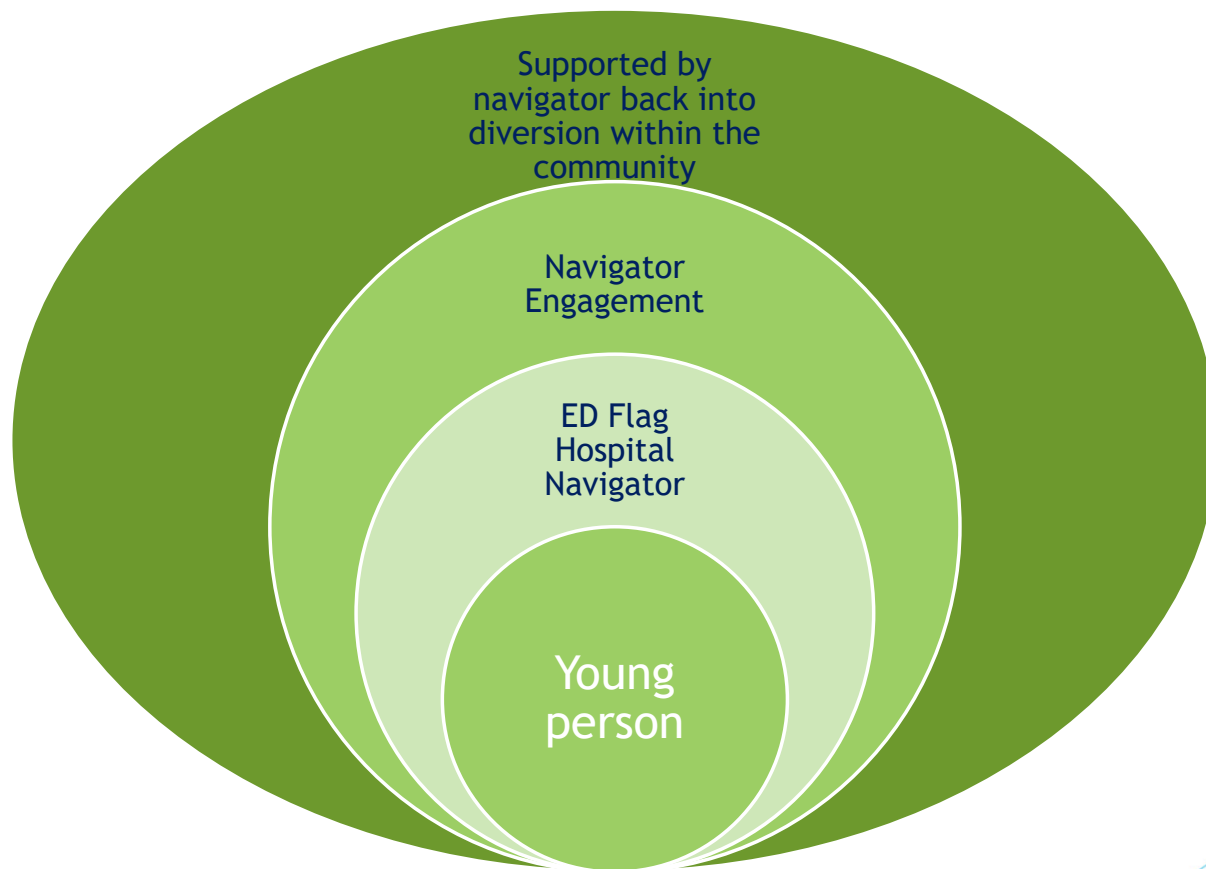


# Project overview and background

- ▶ In 2019 the mayor of London set aside 4 million pounds to deliver navigator schemes across hotspot areas in the metropolitan policing area. This was in a bid to intervene with these individuals and their families at a much earlier stage within the ED arena by having youth workers on site.
- ▶ Youth workers take a trauma informed approach in assisting those individuals with a multitude of issues such as substance misuse, housing, work, education and poor relationships. This is in a bid to end the cycle of violence and start positive pathways.
- ▶ Across the country various charities have been involved in this type of project such as redthread <https://www.redthread.org.uk>.



# Aims and Objectives



# Trauma informed and young person centric approach

- ▶ Providing those at risk of violence with an accelerated pathway to the relevant support/key worker/provision.
- ▶ The scheme will provide an impartial approach and navigate the patient to alternative options.
- ▶ Underpin hope for long-term outcomes for the individual at a reachable moment.
- ▶ The client gains trust and belief in the person supporting them to change.
- ▶ Provide rapid intervention to identified issues.
- ▶ Gain an understanding of the client's goals/helping them self-identify options.
- ▶ The Navigators will provide guidance, emotional support and champion the client beyond the doors of the ED.
- ▶ The Navigators will apply the [Action on Violence - CIRV](#) model and complete CIRV needs assessments with patients involved in cycles of criminality. CIRV aims to reduce the impact and incidence of antisocial behaviour and violence, the involvement of young people in crime and the fear of crime.



# Client profile



- Unemployment
- Lack of education
- Substance misuse
- Relationship breakdown
- Gang involvement
- Mental Health issues
- Looked after child
- At risk of exploitation (sexual/drug)
- Repeat admissions in ED
- Domestic abuse victim/perpetrator/exposure
- Issues with housing
- Educational needs
- Poor self care



## TVP Hot Spot Hospitals

- ▶ Milton Keynes University Hospital
- ▶ Stoke Mandeville Hospital
- ▶ The Royal Berkshire Hospital
- ▶ Wexham Park Hospital
- ▶ The Horton (Oxfordshire)





## What does the team look like?

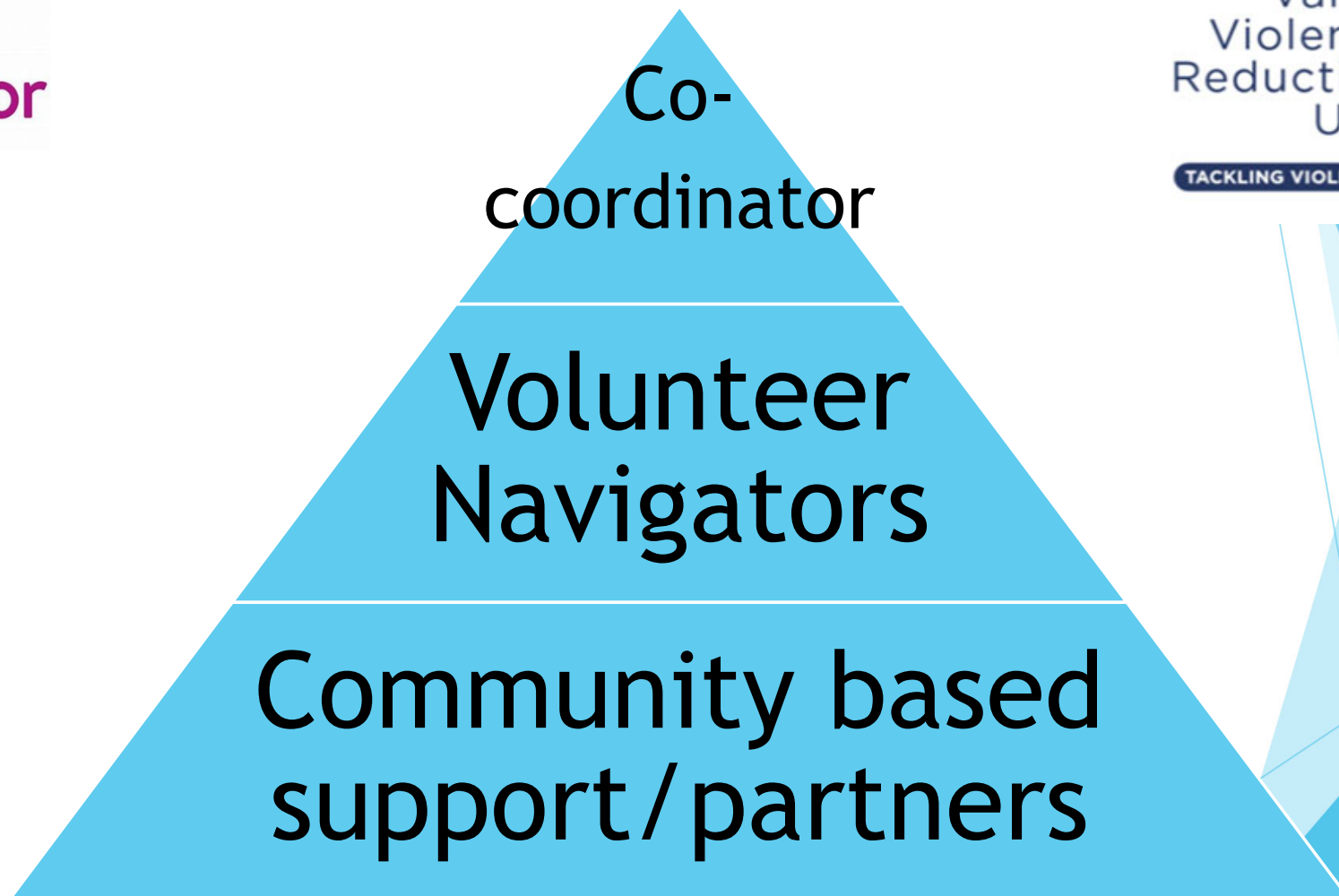
- ▶ Hospital Navigator Co-ordinator; In year one the co-ordinator post will be funded by the TVP violence reduction unit. The role will be advertised to LOCAL organisations. Local organisations will already have pre existing links within the locality best placed to support the client.
- ▶ Volunteers; the hope is that the co-ordinators will be supported by a cohort of volunteers with elements of lived experience, improving client/navigator connectivity







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Co-coordinator

Volunteer Navigators

Community based support/partners

# Evaluation

- ▶ Phase one will be the recruitment of the hospital navigator co-ordinator and having them imbedded within each ED for December 2020
- ▶ The formation of a task and finish group, this will enable each hospital to have oversight of the development and success of the project. It will also be a platform for further development sculpted by the task and finish group to ensure the right delivery for the local area
- ▶ Each area is working with the violence reduction unit to set up serious violence task forces. The aim is for work such as the hospital navigators to feed into wider violence reduction task force meetings so there is a positive flow of information about reduction activity to be shared



Local Serious  
Violence Task force

ED Task and finish  
group

Hospital navigator

## Conclusion

The navigator volunteers service will identify and access community support that supports patients to engage with services who can best meet their needs, reduce inequalities and improve health outcomes.

By connecting patients with third sector specialist services, patients will build resilience risk of future incidences of harm which often impacts significantly on their health and wellbeing.

The services accessed will also enable them to make informed choices about improving their personal situations to avoid the drivers and cycles which lead to being involved in serious violence.

## Useful Links;

A systematic review of having a violence intervention scheme within EDs can be found here;

<https://emj.bmj.com/content/early/2020/06/17/ememed-2019-208970>

<https://www.redthread.org.uk>

<http://www.svru.co.uk/navigator>

